Hi I'm Sam from Vodafone. Smartphones have revolutionised the world and although they can seem a little confusing at first, they can do amazing things. We've made a series of videos to help you get started on a new Smartphone but here's an introduction to them first.

Smartphones allow you to do much more than just make calls or send texts - you can do all sorts of things on them that you used to only be able to do on a computer.

There are so many exciting things to do but don't worry, you don't have to know how to use all of it in order for your phone to work. You can find many of the same programmes that you'd find on your computer like sending emails, using the internet, creating documents, listening to music and getting map directions.

The only difference is they're called apps! As you'll soon find out there are many advantages to a Smartphone. Find a new recipe, ask Google a question and keep in touch with friends and family wherever you are.

You'll also have a camera in your pocket! Take pictures on the go and then share them with all your friends instantly. Some phones have built in satnay so your phone knows exactly where you are and you'll never have to get lost again.

So those are just a few of the fantastic things you'll have right in the palm of your hand with a Smartphone.

And there's loads more to discover, click the preview on screen, or the link in the description below to check out our playlist to help you get started with Smartphones.

And for more help and support from us, check out the Vodafone UK YouTube channel.